



Empowering Youth, Ending Exploitation, Healing Communities

Lunch & Learn: Protecting Our Youth

A community awareness presentation on human trafficking & online safety

Format: Lunch & Learn • Duration: 60 Minutes • Audience: Mixed Community • Includes: Slides & Handouts

“Most exploitation doesn’t begin with force. It begins with vulnerability.”

Human trafficking is closer to home than most people realize — and the internet has become one of traffickers’ most powerful tools. Youth Rising-Up is a nonprofit that empowers youth to prevent trafficking and build real-world skills to navigate mental health pressures and social challenges safely and confidently. Our Lunch & Learn brings this critical conversation to your community, equipping families and neighbors with the knowledge to recognize danger and protect the young people in their lives.

PART ONE

Understanding Human Trafficking

- ▶ What human trafficking is — and what it isn’t
- ▶ Vulnerabilities that put young people at greater risk
- ▶ Red flags and warning signs in your community
- ▶ Signs someone may currently be experiencing trafficking
- ▶ Resources, hotlines, and reporting options

PART TWO

Social Media & Online Grooming

- ▶ How traffickers use social media to target youth
- ▶ Grooming tactics including gaming rooms & chat spaces
- ▶ Sexual exploitation and dangers of sharing images online
- ▶ What parents should watch for on their child’s devices
- ▶ Creating a digital family safety plan & household rules
- ▶ Starting open conversations with young people

Who We Welcome

Schools • Faith Communities • Employers • Neighborhood Groups • Any Organization That Cares About Youth Safety

Hosting a Lunch & Learn is flexible and one of the most meaningful things your group can do. Handouts are provided for all attendees.

Bring your lunch. Bring your curiosity. Leave informed — not alarmed.

To host or attend a session, contact us today!

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